

Dr. Vincent Shu
Integrative Medicine Clinic
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I understand that you are a medical physician and can provide primary care, is this true? Please describe your qualifications and training?

Yes, I am a licensed medical physician providing primary care on Orcas.

- I received a MD degree in Taiwan where I received training in western and eastern medicines. I completed residency and fellowship trainings in
 - UC Irvine, Univ. Of Southern California (USC)
 - UC Davis and UCSF HealthCare Systems
- I am board certified in
 - Internal Medicine
 - Geriatrics and Cardiovascular Diseases.
- I was a former Associate Clinical Professor, UC Irvine College of Medicine, Department of Medicine.
- I taught medical students and residents, gave local and national presentations, conducted and published research projects at UC Irvine/Long Beach and VA Medical Centers.
- I had medical staff privileges at
 - UC Irvine Medical Center
 - Long Beach VA Medical Center
 - Presbyterian Intercommunity Hospital in California
 - Peace Island Medical Center, Friday Harbor
 - Olympic Medical Center, Port Angeles, WA.
- I was a member in the R & D Committee at Long Beach VA Medical Center as well as a member in Pharmacy & Therapeutic and Critical Care Committees at Olympic Medical center. I served as Associate Chief of HEART ECHO Lab at Long Beach VA Medical Center.
- I belong to:
 - Professional Societies of Acupuncture Research Share Group
 - Master Tung/Dr. Tan Style
 - Acupuncture and Scholars of Chinese Medicine.
 - American Society of Echocardiography,
 - American College of Chest Physicians,
 - American Association of Naturopathic Physicians.
 - American Chinese Genetics Academy (ACGA)
 - American Society of Congestive Heart Failure.

Do you offer medical services on Orcas island? If so, where? If so, what kind of services?

Yes. The clinic is located at 97 Yellow Brick Road, Eastsound.

As a local primary care physician, I have seen and treated patients with a variety of diagnoses including influenza, strep throat, pneumonia, otitis media, cellulitis, urinary tract infection, prostate hypertrophy, prostate and breast cancers, ulcerative colitis, irritable bowel syndrome, anemia, GERD, migraine headache, Parkinson disease, stroke, muscular weakness, metabolic syndrome/Diabetes, hyperlipidemia, chronic fatigue syndrome, depression, anxiety, insomnia, CHF (weakening heart), atrial fibrillation, cardiac arrhythmia, valvular heart diseases, sleep apnea, hypertension, shoulder, elbow and/or knee pain, sciatica/Piriformis syndrome, aseptic necrosis of hip from chronic steroid usage and plantar fasciitis.

I have offered nutritional counseling (foods as medicines), chronic/acute pain management, preventive medicine, evidence-based herbs/supplements, acupuncture, Qi-Gong/Tai-Chi for stress management and educational seminars as well as blood draws.

I have been providing home care visits for patients who have become incapacitated.

Are you accepting patients?

Yes

Do you accept insurance?

Due to the lack of the funding, the clinic is unable to hire a medical insurance biller; therefore, the patients pay cash on the basis of the sliding scale. The sliding scale works on a law of averages; some pay more so that others can pay less, and it all averages out. If those who have the financial means to contribute above the average do so, it helps us to provide services to those with lower incomes. Our goal is to make the healthcare accessible to everyone, regardless of economic class.

Unfortunately, a majority of patients paid the lowest level on the scales (or are unable to pay). Our Board filed 990-EZ in 2016 to the IRS. Our program services (gross) revenue was \$24,214. Our operating expense was \$20,862, plus a monthly loan payment of \$908, payable to Professional Financial Services Solutions. I haven't received any salary in 2017 and 2018.

I am concerned about the financial challenge associated with my medical practice on Orcas Island. Our Board initiates a fundraising letter which is an

appeal to help solve a financial dilemma that we have faced since the inception of our clinic.

Are you interested in offering your services through one of the existing clinics?

Yes, I have been applying for a job at UW Medicine since 05/2017. I am in contact with the Provider Relations Manager for UW Medicine. I have done a couple of phone interviews and exchanged multiple emails.